

BENBULBEN 5K 2014

Place	No	name	club	category	Time	
1	235	Liam Feely	Nth Leitrim AC	SM	00:15:27	00:00:00
2	314	Richard Gorman	Sligo AC	SM	00:15:28	00:00:01
3	219	Craig Brennan	Nth Sligo AC	M40	00:16:38	00:01:11
4	232	Lee McCallion	Corran AC	jm	00:16:53	00:01:26
5	250	Kevin Mcglone	Sligo AC	M40	00:16:56	00:01:29
6	217	Conor McCann	Nth Sligo AC	SM	00:17:00	00:01:33
7	210	Roy Kelly	Sligo AC	SM	00:17:04	00:01:37
8	255	Alex Hunter	Rathowen AC	jm	00:17:33	00:02:06
9	248	Daragh Currid	Nth Sligo AC	SM	00:17:36	00:02:09
10	256	Derek Hunter	Dunshaughlin AC	M40	00:17:40	00:02:13
11	270	Vincent Connolly	Mullingar AC	SM	00:17:41	00:02:14
12	218	Ferghal MacDhoinleibhin	Nth Sligo AC	SM	00:17:51	00:02:24
13	230	Ciaran Clancy	Enniskillen Running Club	SM	00:17:55	00:02:28
14	304	James Callaghan	Sligo AC	SM	00:18:00	00:02:33
15	204	Andrew Duffy	Sligo AC	SM	00:18:17	00:02:50
16	317	Mark Leonard	Nth Sligo AC	SM	00:18:21	00:02:54
17	298	Aisling Van Rensburg	Nth Sligo AC	SL	00:18:39	00:03:12
18	238	Lucy Brennan	Sligo AC	SL	00:18:45	00:03:18
19	308	Heber Rowan	sligo	SM	00:18:52	00:03:25
20	242	john Whelan	Sligo AC	SM	00:19:04	00:03:37
21	271	Cliona Calrty	DCH	JG	00:19:09	00:03:42
22	246	Sarah Healy	Nth Sligo AC	SL	00:19:12	00:03:45
23	279	Leo Doherty	Sligo AC	NC	00:19:14	00:03:47
24	223	Jimmy Currid	Nth Sligo AC	M50	00:19:46	00:04:19
25	262	Paul McDermott	Nth Leitrim AC	M50	00:19:53	00:04:26
26	237	Niall Whelan	Sligo AC	jm	00:19:58	00:04:31
27	249	Leonard Gildea	Nth Sligo AC	SM	00:20:04	00:04:37
28	305	joe Stagg	corran AC	M50	00:20:10	00:04:43
29	229	Sean McCaffrey	Nth Sligo AC	SM	00:20:13	00:04:46
30	290	Noel Heraghty	Nth Sligo AC	M40	00:20:15	00:04:48
31	313	James Devaney	Nth Sligo AC	jm	00:20:17	00:04:50
32	287	David Foran	Sligo	SM	00:20:19	00:04:52
33	251	Linda Lally	Nth Sligo AC	SL	00:20:20	00:04:53
34	213	Octavius Job	Sligo	SM	00:20:34	00:05:07
35	212	Zola Flynn	Calry AC	SL	00:20:35	00:05:08
36	315	Cindy McCarthy	Sligo AC	F40	00:20:53	00:05:26
37	201	Declan Carroll	Sligo	M40	00:20:54	00:05:27
38	228	Paul Kerrigan	Nth Sligo AC	M40	00:20:57	00:05:30
39	233	Peter Quignan	Sligo	F40	00:21:00	00:05:33

40	297 Stephanie McSharry	Nth Sligo AC	SL	00:21:14	00:05:47
41	254 Anne Hunter	Dunsloughlin AC	F40	00:21:16	00:05:49
42	318 Shane Scanlon	Sligo	SM	00:21:17	00:05:50
43	275 Ben Clavin	South Sligo AC	NC	00:21:21	00:05:54
44	312 Kathy Devaney	Nth Sligo AC	JG	00:21:29	00:06:02
45	294 Dermot McGlone	Corran AC	M40	00:21:32	00:06:05
46	226 Karen Gillen	Nth Sligo AC	F40	00:21:36	00:06:09
47	239 Enda Whelan	Sligo AC	M50	00:21:57	00:06:30
48	278 Ciara Kelly	Nth sligo AC	SL	00:21:59	00:06:32
49	286 Marie Foran	Nth Sligo AC	SL	00:22:04	00:06:37
50	288 Noel Davey	Nth Sligo AC	SM	00:22:05	00:06:38
51	303 Fiona Lenehan	Nth Sligo AC	F40	00:22:15	00:06:48
52	263 Daniel Dill	Sligo	SM	00:22:28	00:07:01
53	244 Eimear o'Connor	Sligo	JG	00:22:29	00:07:02
54	261 Owen Sheehan	Sligo	SM	00:22:31	00:07:04
55	311 Paula Devaney	Sligo	F50	00:22:38	00:07:11
56	291 Janice Currid	Nth Sligo AC	SL	00:22:39	00:07:12
57	206 Lesley Carroll	Nth Sligo AC	SL	00:22:41	00:07:14
58	272 John Currid	Nth Sligo AC	M50	00:22:47	00:07:20
59	316 Sadhbh McCarthy	Nth Sligo AC	NC	00:22:50	00:07:23
60	227 Gerard Herity	Sligo	SM	00:22:55	00:07:28
61	231 Alan O'Sullivan	Sligo	SM	00:23:28	00:08:01
62	397 Patrick McElhinney	Sligo	MW	00:23:30	00:08:03
63	391 Michael Brennan	Sligo	MW	00:23:45	00:08:18
64	395 Tracey Quinn	Sligo	FW	00:23:46	00:08:19
65	394 Eileen Kilfeather	Sligo	FW	00:23:47	00:08:20
66	222 Sean Conlon	The Wolfpack	SM	00:23:49	00:08:22
67	214 Sarah Kisby	Nth Sligo AC	JG	00:23:51	00:08:24
68	221 Kyle Clancy	The Wolfpack	SM	00:23:52	00:08:25
69	243 Olivia Branley	Actifit	SL	00:24:23	00:08:56
70	277 Barry Clavin	South Sligo AC	NC	00:24:41	00:09:14
71	307 Grainne McGuire	Nth Sligo AC	SL	00:24:47	00:09:20
72	220 Rory Foley	The Wolfpack	SM	00:24:51	00:09:24
73	310 Stephen Ryan	Sligo	NC	00:24:52	00:09:25
74	234 Cora Fagan	Nth Sligo AC	SL	00:24:58	00:09:31
75	283 Marie Casserly	Nth SligoAC	F40	00:25:07	00:09:40
76	209 Francine Kivlehan	Sligo	SL	00:25:15	00:09:48
77	205 Ciara Maye	Nth Sligo AC	SL	00:25:20	00:09:53
78	280 Clodagh Quinn	Nth Sligo AC	SL	00:25:25	00:09:58
79	252 Rian O'Callaghan	Nth Sligo AC	NC	00:25:33	00:10:06
80	253 Rowan O'Callaghan	Sligo	M40	00:25:34	00:10:07

81	245 Stephanie Brennan	Sligo	SL	00:25:35	00:10:08
82	302 Grainne Shanley	Sligo	F40	00:25:37	00:10:10
83	393 Magaret Gilmartin	Nth Sligo AC	F40	00:25:41	00:10:14
84	309 Henry Rowan	Sligo AC	M50	00:25:47	00:10:20
85	216 Catherine Lipsett	Nth Sligo AC	SL	00:26:04	00:10:37
86	276 Myra Clavin	South Sligo AC	F40	00:26:18	00:10:51
87	240 Sheila Mahon	Actifit	SL	00:26:28	00:11:01
88	273 Carol Gilligan	Sligo	SL	00:26:32	00:11:05
89	400 Luke Kerrigan	Sligo	MW	00:26:33	00:11:06
90	399 Anne Kerrigan	Sligo	FW	00:26:37	00:11:10
91	269 Paula McNairn	Sligo	SL	00:26:44	00:11:17
92	268 Paddy Donohoe	Tir Chonaill AC	M50	00:26:46	00:11:19
93	200 Michael Carroll	Nth Sligo AC	NC	00:26:48	00:11:21
94	285 Nicola Scanlon	Sligo	SL	00:26:53	00:11:26
95	274 Debbie Ferguson	Sligo	SL	00:26:59	00:11:32
96	284 Ciara Horan	Sligo	SL	00:27:12	00:11:45
97	392 Elaine McElroy	Nth SligoAC	FW	00:27:20	00:11:53
98	247 Geraldine Branley	Actifit	F40	00:27:23	00:11:56
99	236 Noreen Walsh	Sligo	SL	00:27:43	00:12:16
100	266 Leighe Brennan	Sligo	SL	00:27:55	00:12:28
101	264 Ciara Hughes	sligo	SL	00:27:58	00:12:31
102	241 Deirdre Slevin	Activfit	SL	00:28:07	00:12:40
103	396 Bridie McElhinney	Sligo	FW	00:28:14	00:12:47
104	208 Laura McGowan	Sligo	SL	00:28:18	00:12:51
105	306 Emma Delahan	Sligo	SL	00:28:20	00:12:53
106	202 Damien Kerrigan	Sligo	M40	00:28:24	00:12:57
107	203 Eoin Kerrigan	sligo	jm	00:28:25	00:12:58
108	260 Mairead Gonley	Sligo	SL	00:28:29	00:13:02
109	258 Laura White	Sligo	SL	00:28:30	00:13:03
110	292 Catherine Donlon	Nth Sligo AC	F40	00:28:37	00:13:10
111	293 Lily Rose Leydon	Nth sligo AC	NC	00:28:38	00:13:11
112	301 Helen McMorro	Sligo	F50	00:28:46	00:13:19
113	300 Shauna Dykes	Sligo AC	SL	00:28:47	00:13:20
114	215 Kathleen Lipsett	Nth Sligo AC	F40	00:28:50	00:13:23
115	257 Orla Kelly	sligo	SL	00:28:52	00:13:25
116	259 Greg McCullaagh	Sligo	M40	00:28:53	00:13:26
117	267 Jennifer O'Connor	Sligo	SL	00:29:01	00:13:34
118	207 Gillian Devins	Sligo	SL	00:29:29	00:14:02
119	265 Sinead Hughes	Sligo	SL	00:29:44	00:14:17
120	296 Philomena Heraghty	Sligo	F50	00:29:46	00:14:19
121	398 Lily Flynn	Sligo	FW	00:30:03	00:14:36

122	299 Mary Kilfeather	Sligo	F50	00:30:26	00:14:59
123	289 Paula Dufficy	Sligo	SL	00:30:40	00:15:13
124	295 Rebecca Mcglone	Corran AC	NC	00:30:59	00:15:32
125	224 Karen Keyes	Sligo Tri Club	F50	00:31:25	00:15:58
126	319 Brona Moran	Sligo	SL	00:31:27	00:16:00
127	211 Beverly Mulrooney	Sligo	F40	00:31:29	00:16:02
128	225 Marie Farrell	Nth Sligo AC	F40	00:31:44	00:16:17
129	282 Catherine Sibney	Nth Sligo AC	F40	00:31:58	00:16:31
130	281 Breda Feeney	Nth Sligo AC	SL	00:33:44	00:18:17